

Quiz I

**A Quiz
Submitted to Dr. Justin Smith
Phoenix Seminary
Scottsdale, Arizona**

**In Partial Fulfillment
of the Requirements for
MI 502**

**by
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MI 502 Biblical Principles of Counseling Quiz 1

1. Clebsh and Jaekle note that increasingly people go to counseling:
 - a. Because they feel bad.
 - b. Because they are confused.
 - c. Because they want to talk about how well things are going.
 - d. **Not because they feel bad but because they don't feel good.**

2. Clebsh and Jaekle state that historical Christian pastoral practices:
 - a. Are timeless because they are based on the Bible.
 - b. **Frequently were attuned to the time and place of their use so that they now seem strange and are now discarded.**
 - c. Have primarily focused on reconciling or re-establishing broken relationships between individuals and God.
 - d. Have been based more on human reasoning than the Bible.

3. During times of persecution pastoral care tends to focus on:
 - a. healing
 - b. sustaining
 - c. **codifying sins and remedies**
 - d. guiding

4. Historically the church determined that Christians who recanted their faith during persecution should NOT be expelled from the church for life because:
 - a. Different degrees of disloyalty to the church demanded different penalties and procedures for reconciliation.
 - b. Only God can judge men.
 - c. Bishops were authorized to readmit lapsed believers into fellowship.
 - d. **All of the above.**

5. When Christianity becomes the official religion and there is no distinction between citizens and church members, clergy tend to focus on:
 - a. The conduct of public worship
 - b. **Evangelism**
 - c. Determining whether to readmit lapsed believers into fellowship.
 - d. Electing Supreme Court Justices who will make Godly rulings.

6. Teaching lists of sins, their penalties, and remedies became a focus of the church when:
- The church was focused on evangelism and missions.
 - The church was undergoing great persecution.
 - The church absorbed large numbers of pagans with little knowledge of the Bible.**
 - The church tried to meet the needs of the poor for food, clothing, and shelter.
7. Match the pastoral care function with common historical approaches:
- I) guiding **b**, II) healing **c**, III) reconciling **d**, IV) sustaining **a**
- Preservation, consolation, redemption
 - Decisions, advice, the schemes of the devil
 - Anointing with oil, prayer, exorcism,
 - Confession, penance, absolution

(described by Hill??? Hill mentions Rabbi's as beyond basic helpers. Best I could see:)

8. Helping is described by Hill as _____ while pastoral care is described as _____:
- Providing assistance; a conduit for administering God's grace
 - Giving advice; reconciliation**
 - Treating mental illness; teaching and preaching
 - Empowering others; using Biblical principles
9. Two factors that seem to be necessary for people to seek help are:
- Guilt and hope
 - Depression and motivation
 - Awareness of their distress and the distress must be greater than the perceived barriers to seeking help**
 - A belief that help could assist them and some measure of insight
10. Research has shown that:
- Counseling is only effective half the time.
 - No one type of therapy is more effective than another.**
 - Counseling is effective 95% of the time.
 - Behavioral therapy is the most effective therapeutic approach.

Make sure to include your name!
